

# ADAPTIVE ALPINE LEVEL 1 ASSESSMENT OVERVIEW

## Introduction

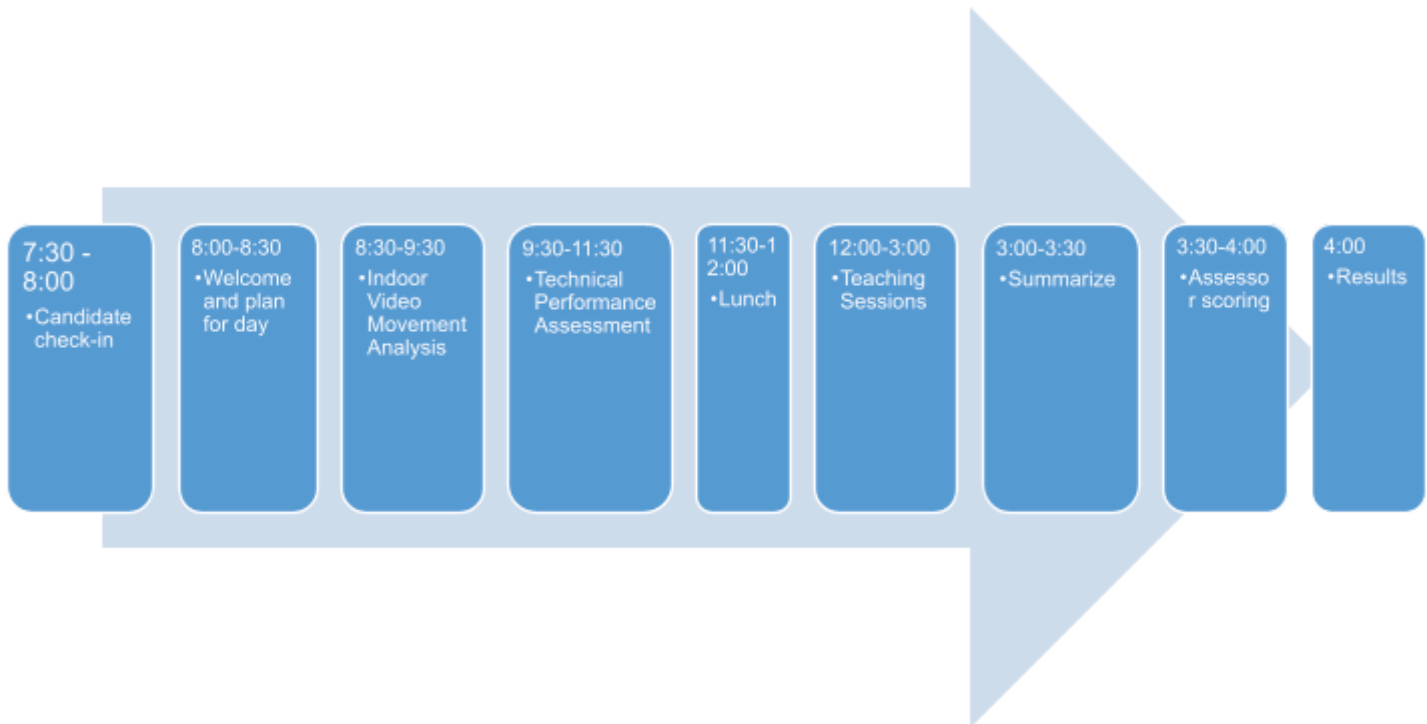
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Level 1 is the first level of PSIA-AASI Adaptive certification. Candidates are evaluated through a series of tasks that display their knowledge of Assessment, Equipment & Tactics; Diagnoses & Medications; Technical Tactics & Communication; Movement Analysis; and Adaptations of Teaching Skills. Candidates should have experience teaching in the novice/beginner zone and show an introductory level of knowledge across all Learning Outcomes including instruction concepts. Successful candidates will apply tactics and fundamentals in written assessments, tasks, interviews, and scenarios to show their experience teaching and demonstrating for students in beginner and easier intermediate terrain.

This document contains material and references for candidates preparing to attend an Adaptive Alpine Level I Assessment - including examples of the daily assessment schedule and groups; prerequisites to attend the assessment; reference links to assessment forms and Performance Guides, which include important information on Learning Outcomes, Assessment Criteria, Assessment Activities, and more; plus other resources and optional activities to prepare for the assessment.

## Assessment Activity Schedule Example

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## Assessment Groups

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- Each Stand-up Physical Diagnoses (3-Track, 4-Track, & Slider) assessment group will have a maximum of six candidates and one examiner.
- Each Bi-Ski & Mono-Ski assessment group will have a maximum of six candidates and one examiner.
- Each Cognitive & Visually Impaired assessment group will have a maximum of six candidates and one examiner.

## Prerequisites to Attend an Assessment

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- Alpine Level I certification.
- Register and pay for the Adapted Alpine Level I assessment module of choice.
- Register for and pass online disability and medication written tests for each discipline within the Adaptive Alpine Level I module selected, which could total 4 tests.

- Submit to the PSIA-RM-AASI office, if attending a Bi-ski/Mono-ski module assessment, a short video of independent (no tethering or seat assist) personal performance of sit-skiing in bi-ski or mono-ski equipment, which will be factored into the candidates' assessment and must include the following:
  - a. Candidates will complete a straight run to a controlled stop.
  - b. Candidates will complete a run with a minimum of three turns to a controlled stop on the most basic terrain available.

### Link to Current Adaptive L1 Standards

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- [Adaptive Alpine Certification Pathways and Specialist Standards](#)

### Current Adaptive L1 Performance Guide Links:

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- Bi/Monoski - [Biski and Monoski](#)
- Cog/VI - [Cognitive and Visual](#)
- Stand-up Physical (Three/Four-Track/Slider) - [Stand-up Physical Diagnoses](#)

### Current Adaptive L1 Assessment Form Links:

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- Bi/Monoski – [Biski Monoski Assessment Form](#)
- Cognitive/Visual Impairment – [Cognitive Visual Impairment Assessment Form](#)
- Stand-up Physical (Three/Four Track/Slider) - [Stand-up Physical Diagnoses - Three Four Track Assessment Form](#)

### Optional Activities to Prepare for Adaptive Alpine Assessment Attendance

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- Check out the following resources at [www.psia-rm.org](http://www.psia-rm.org)
  - a. RM Adaptive Level I Module Development Logs
  - b. RM [Adaptive skills courses](#)
  - c. Register for Remote Mentoring for Adaptive Instructors through PSIA-RM-AASI. Read more about the opportunity at Adaptive Alpine Education Materials – PSIA-RM.
- Learn about articles, courses, videos, and podcasts to support your preparation such as the ones listed below at [www.thesnowpros.org](http://www.thesnowpros.org)
  - [Teaching adaptive snowsports beginner bi-ski](#)
  - [Teaching adaptive snowsports beginner mono-ski](#)
  - [Teaching adaptive snowsports beginner-three-track](#)
  - [Teaching adaptive snowsports beginner-four-track](#)

- Observe adaptive instructors with deep experience deliver chosen discipline lessons.
- Teach as many lessons in the module as possible.
- Practice personal skill development in adaptive equipment of chosen discipline.
- Participate in a training group.