

# ADAPTIVE ALPINE LEVEL 3 ASSESSMENT OVERVIEW

Introduction

Level 3 is the third level of PSIA-AASI Adaptive certification. Candidates are evaluated through a series of tasks that display their knowledge of Assessment, Equipment & Tactics; Diagnoses & Medications; Technical Tactics & Communication; Movement Analysis; and Adaptations of Teaching Skills. Candidates should have experience teaching in the novice/beginner through advanced zone and show a superior level of knowledge across all Learning Outcomes including instruction concepts. Successful candidates will apply tactics and fundamentals in written assessments, tasks, interviews, and scenarios to show their experience teaching and demonstrating for students in beginner and intermediate terrain.

This document contains material and references for candidates preparing to attend an Adaptive Alpine Level 3 Assessment - including examples of the daily assessment schedule and groups; prerequisites to attend the assessment; reference links to assessment forms and Performance Guides, which include important information on Learning Outcomes, Assessment Criteria, Assessment Activities, and more; plus other resources and optional activities to prepare for the assessment.



### Assessment Activity Schedule Example



## Assessment Groups

- Each Stand-up Physical Diagnoses (3-Track, 4-Track, & Slider) discipline assessment group will have a maximum of six candidates and two examiners.
- Each Bi-Ski discipline assessment group will have a maximum of six candidates and two examiners.
- Each Mono-ski discipline assessment group will have a maximum of six candidates and two examiners.
- Each Cognitive discipline assessment group will have a maximum of six candidates and two examiners.
- Each Visually Impaired discipline assessment group will have a maximum of six candidates and two examiners.



## Prerequisites to Attend an Assessment

- Adaptive Alpine Level 2 certification or Alpine Level 3 certification.
- Register and pay for the Adapted Alpine Level 3 assessment module of choice.
- Register for and pass online disability and medication written tests for the selected Adaptive Alpine 3 assessment, which could total 2 or more tests.
- Submit to the PSIA-RM-AASI office, if attending a Bi-ski or Mono-ski discipline assessment, a short video of independent (no tethers or seat assist) personal performance of sit-skiing in the specific discipline equipment, which will be factored into the candidates' assessment and must include the following:
  - a. Candidates must demonstrate independent skiing in the equipment of the selected sit-ski discipline.
  - b. Candidates will complete a minimum of six refined linked turns using varied turn shapes, to control speed on more easy blue terrain with a controlled stop.

## Link to Current Adaptive Standards:

Adaptive Alpine Certification Pathways and Specialist Standards

## Current Adaptive Level 3 Performance Guide Links:

**National Certification Standards Materials** 

- Bi-ski
- Mono-ski
- Cognitive
- Visual Impairment
- Stand-up Physical Diagnoses (Three/Four-Track/Slider)



### Current Adaptive Level 3 Assessment Form Links:

**National Certification Standards Materials** 

- Bi-ski
- Mono-ski
- Cognitive
- Visual Impairment
- Stand-up Physical Diagnoses (Three/Four Track/Slider)

#### Optional Activities to Prepare for Adaptive Alpine Assessment Attendance

- Check out following RM resources at RM Adaptive Education Materials
  - a. RM Adaptive Level 3 Module Development Logs
  - b. RM Adaptive skills courses
  - c. Register for Remote Mentoring for Adaptive Instructors through PSIA-RM-AASI. Read more about the opportunity at <u>Adaptive Alpine</u> Education Materials PSIA-RM.
  - d. RM Adaptive mentoring sessions
- Peruse <u>www.TheSnowPros.org</u> website to learn about articles, courses, videos, and podcasts to support your preparation such as the ones listed below:
  - Teaching adaptive snowsports beginner bi-ski
  - Teaching adaptive snowsports beginner mono-ski
  - Teaching adaptive snowsports beginner-three-track
  - Teaching adaptive snowsports beginner-four-track
  - Observe lessons of adaptive instructors with deep experience in the chosen discipline. You may have to visit adaptive instructors at other Resorts.
  - Speak with guests in chosen discipline to learn more about their diagnoses, beliefs, abilities, support needs, and more.
  - Teach as many lessons in chosen discipline as possible and film them for review by you and by an experienced adaptive instructor.
  - Practice personal skill development in adaptive equipment of chosen discipline on intermediate terrain.