

Adaptive Alpine Technical, Teaching, and People Skills Applications: Adaptive Level II

Discipline: Adaptive

Duration: Two days; 12 CEU's.

Setting: On-snow

Course Description:

This 2-day session is geared toward candidates preparing for the PSIA Adaptive Level 2 certification and certainly useful for other experienced instructors looking to gain additional technical insights and tools for use in Adaptive lessons. Participants will receive information about and engage in activities for technical application in various Adaptive disciplines, movement analysis, equipment and tactics, technical tactics and communication, diagnoses and medications, and adaptations of teaching skills used in adaptive lessons.

Prerequisites Courses:

- Adaptive Level I certification or instructors with experienced teaching Adaptive lessons.
- Completion of preferred discipline in the e-learning course "Teaching Adaptive Snowsports."

Knowledge and Experience Expectations:

- Level 7 or higher skiing.
- Comfortable applying the Fundamental Mechanics of Alpine skiing and movement analysis processes in adaptive lessons.

Course Objectives:

By the end of this clinic, successful participants will be able to:

- Cite the learning objectives for Adaptive Level II certification
- Apply to future learning and assessment preparation the skill expansion feedback given by the clinician.
- Apply the Fundamental Mechanics of Alpine Skiing to users of Adaptive ski equipment in a particular adaptive discipline.

- Connect with other Adaptive instructors to enlarge one's learning support group and broaden insights and experiences.
- Incorporate movement analysis principles regarding skiers with disabilities by describing a more-ideal, ski(s) and body performance (2 skill through all phases of the turn) in the specified adaptive discipline skiing through the intermediate zone.
- Demonstrate best practices in teaching beginner through intermediate lessons for a particular discipline in Adaptive.

Potential Learning Outcomes:

- Use tasks associated with Adaptive Level 2 assessment outcomes as foundation to generate feedback for skill expansion.
- Practice activities to expand skills in guiding and assists applicable to various situations in adaptive disciplines.
- Investigate various processes determining cognitive, affective, and physical strengths and needs of guests with disabilities.
- Small group activities to develop goal statements for various profiles of guests with disabilities.
- Develop lesson plans based on goal statements, CAP assessments, and adaptive disciplines.
- Explore best practices for safety and effectiveness in tactics and communication when teaching intermediate zone discipline-specific adaptive lessons.
- Work in pairs and small groups to apply movement analysis processes to skiers who use various pieces of Adaptive equipment in a specific Adaptive discipline.
- Participate in practice teaching in groups to develop comfort and proficiency in teaching beginner through intermediate adaptive ski lessons.

Materials Needed:

- Personal ski or snowboard gear and helmet.
- Adaptive equipment (tethers, Guide vests, tip appliances, sit skis, and other) as designated by clinician.