

# How Adaptive Tools Impact Snowboarding Fundamentals

**Discipline:** Adaptive Snowboard **Duration:** 1 day; Credits: 6 CEU's

Setting: On-snow

#### **Course Description:**

Understand the Snowboarding Fundamentals and how using adaptive snowboarding tools and techniques can impact the fundamentals and support a positive learning partnership and student assessment. Use of Adaptive tools applied to various scenarios will help illustrate how the fundamental relationships change in different scenarios and situations. This course is useful to all who teach snowboarding to guests who are able-bodied or who have a medical diagnosis and to instructors preparing for Adaptive certification.

#### **Prerequisites Courses:**

- Level 6 or higher snowboarding skills
- Exposure to adaptive alpine ski equipment and techniques.

### **Knowledge and Experience Expectations:**

Exposure to Adaptive tools.

# **Course Objectives:**

Upon successful completion of this clinic, you will be able to:

- Cite the Fundamental Mechanics of Snowboarding.
- Describe the use of adaptive tools to highlight Fundamental Mechanics skill acquisition.
- Apply adaptive tools for personal improvement outside of the traditional adaptive learning environment.

# **Potential Learning Outcomes:**

- Exploration of the Fundamental Mechanics of Snowboarding.
- Group or partner physical assessment activities.
- Use of various Adaptive appliances/tools to accentuate the user's ability to perform Snowboarding fundamental mechanics.

Revised Date: 09-14-24



• Compare and contrast performance of snowboarding fundamentals with and without Adaptive tools.

#### **Materials Needed:**

- Snowboard equipment and helmet.
- Adaptive equipment as designated by clinic leader.

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