



ROCKY MOUNTAIN DIVISION
Professional Ski Instructors of America
American Association of Snowboard Instructors

People and Teaching Skills for Inclusive Instruction

Discipline: Adaptive

Duration: 1 day; Credits: 6 CEU's

Setting: On-snow

Course Description:

This clinic will focus on the teaching and people skills fundamentals through the lens of adaptive instruction. Through on-snow exploration the clinic will dive into ableism and disability sensitivity, implicit bias, strength-based approach teaching, least restrictive environment, as well as looking at different lesson formats that use mainstreaming or inclusion principles. Activities will be based around refining critical thinking skills and assessment skills in a lesson environment that will help people of all abilities slide on snow using different models and frameworks. This clinic looks at the people and teaching skills fundamentals through the lens of adaptive instruction, however the content will benefit any instructor in creating more inclusive lesson environments.

Prerequisites Courses:

- Level 6 or higher alpine skiing skills
- None, however teaching experience is helpful.

Knowledge and Experience Expectations:

- Bring examples of situations where biases may have impacted rapport and learning in snowsports lessons.

Course Objectives:

By the end of this clinic, successful participants will be able to:

- Apply knowledge of the people and teaching fundamentals to various lessons.
- Identify different lesson structure and teaching skills that can promote inclusion.
- Understand different critical thinking frameworks that facilitate inclusive teaching environments.
- Understand ableism and ways to change ableist thinking and communication.
- Recognize individual and community implicit bias and ways to overcome your own bias.
- Identify various teaching models and frameworks that promote inclusive instruction.

- Identify and communicate techniques that support effective inclusion practices.
- Understand how the teaching and people skills used in adaptive instruction can promote inclusion of underrepresented groups.

Potential Learning Outcomes:

- Activities to help identify types of biases.
- Practice sessions to implement various teaching frameworks that support inclusion of all individuals in snowsports lessons.
- Partner and group communication activities to practice respectful and unbiased interaction with lesson guests.

Materials Needed:

- Personal ski or snowboard equipment and helmet.