



# PSIA-Rocky Mountain-AASI



## **Adaptive Snowboard Level 2 Prep Course Outline** **PSIA-RM-AASI Adaptive Snowboard 2022-23**

### **ASB Level 2 Exam Prep**

Prerequisites: PSIA/AASI Membership. ASB Level 1 Certification.

This three-day course is a prerequisite for the Adaptive Snowboard Level 2 Exam. Each day can be taken on its own or all three can be taken together, however, all three days are required prior to taking any portion of the ASB Level 2 Exam.

### **Day 1: Sit-Down**

Will include discussion of students with disabilities best suited for sit down equipment, the characteristics of those disabilities and the medications which those students might be taking. Participants will learn about and practice assessments for this population and explore different student scenarios and set-ups. The specialty specific riding tasks will also be practiced throughout the day. Will include teaching and technical information on adaptive equipment, including, but not limited to bi-skis, mono-skis, shredder plate, and variations of any and all devices. Candidates will be expected both to practice assists and tethering on different sit down devices and to be tethered and assisted in those devices. Equipment specific progressions and adaptations of the standard snowboard progression that are needed for this population.

### **Day 2: Cog/VI**

Will include discussion of students with cognitive or developmental impairment, visual impairment or hearing impairment, or a combination of any or all three, the characteristics of those disabilities and the medications which those students might be taking. Participants will learn about and practice assessments for this population and address different guiding styles. The specialty specific riding tasks will also be practiced throughout the day. Will include teaching and technical information on adaptive equipment. There will be hands-on use of adaptive equipment and adaptations of the standard snowboard progression that are needed for this population and candidates will be expected to practice guiding and being guided with or without adaptive equipment.

### **Day 3: Stand Up**

Will include discussion of students with disabilities best suited for stand up equipment, the characteristics of those disabilities, and the medications which those students might be taking. Participants will learn about and practice assessments for this population and explore different student scenarios and ways to use adaptive equipment. The specialty specific riding tasks will also be practiced throughout the day. Will include teaching and technical information on adaptive equipment including, but not limited to outriggers, rider bar, bamboo pole, and adaptations of the standard snowboard progression that are needed for this population. Candidates will be expected to practice guiding and being guided with or without adaptive equipment.