

# Adaptive Snowboard Level 2 Physical Diagnosis Assessment

**Duration:** 1 Day (6 CEUs)

**Learning Connection Focus:** Technical Performance Skills

## Course Description:

This is an on-snow assessment for level 1 Certified Adaptive Snowboard instructors who are pursuing their Adaptive Snowboard Level 2 Certification. It's designed to evaluate your teaching, people, and technical skills related to physical diagnosis instruction. We will apply the snowboarding fundamentals to personal riding and adaptive equipment. Expect to ride primarily on groomed blue terrain suitable to the Level 2 tasks and adaptive equipment. Depending on conditions and learning experiences, the clinic may venture onto ungroomed terrain.

## Recommended Preparatory Learning or Prerequisites:

- Prerequisite: Level 2 Snowboard Certification or Level 2 Snowboard Movement Analysis and Riding passes, Adaptive Snowboard Level 1 Certification

## Prerequisites Skills:

- Safely ride green, blue, and black diamond trails. Ability to load and unload chairlift adaptive equipment when necessary.
- Recommended Equipment Considerations
  - Tethers, tip clamps, and harness you use for stand up tethering.
  - Program approved stand up outriggers that are fitted to you.
  - Personal snowboard equipment properly functioning and tuned.

## Learning Outcomes:

By the end of this assessment, successful participants will be able to:

- Demonstrate appropriate use of adaptive equipment for adaptive snowboarders in the intermediate zone.
- Receive personal feedback on teaching scenarios, riding tasks, and adaptive equipment use in relation to their level 2 assessment.

## **Learning Experiences:**

- Using stand-up tethering from the snowboard's tip, guide a rider through linked turns through intermediate zone terrain in a manner that enhances student performance goals.
- Using stand-up tethering from the person's hips, guide a rider through linked turns through intermediate zone terrain in a manner that enhances student performance goals.
- Ride with one outrigger using a blend of at least two of the Snowboard Fundamentals with varied turn shape to a controlled stop on more advanced green terrain.
- Ride with two outriggers using a blend of at least two of the Snowboard Fundamentals with varied turn shape to a controlled stop on more advanced green terrain.
- Collaborate with peers for teaching scenarios and activities.
- Use adaptive equipment as necessary in the intermediate zone.
- Fit adaptive equipment to students as necessary.
- Perform movement analysis on students with physical diagnosis within the intermediate zone.
- Teach adaptive snowboard cognitive scenarios in the intermediate zone..

## **Materials/Equipment Needed:**

- [Adaptive Snowboard National Standards](#)
- [ASB Exam Supplement](#)
- [ASB Physical Diagnosis Guide](#)
- AASI Snowboard Technical Manual
- PSIA-AASI Adaptive Alpine Technical Manual