

Adaptive Snowboard Level 3 Certification Course Outline

PSIA-RM-AASI Adaptive Snowboard 2010-11

ASB Level 3 Exam

Prerequisites: PSIA/AASI Membership. ASB Level 2 Certification plus successful completion of 3rd specialty module or are Snowboard Level 2 Certification and PSIA Adaptive Level 2 Certification. Completion of ASB Level 3 Exam Prep Course.

Credits: 2

Days: 2

Fee:

Riding and Movement Analysis Exam Day 1:

Riding All candidates need to be able to confidently ride Bumps, Trees, Park & Pipe, Steep Terrain, Varying snow conditions-focusing on application with specific Adaptive students (min. Level 2 Snowboard Standard).

Demonstration of possible Level 3 Riding Tasks as outlined in ASB Level 3 Exam Prep Course Outline

Movement Analysis

Observation/Description

- Ask Candidates to describe, then explain their System used.
- Ask Candidates to qualify body specific performance using D.I.R.T.
- Specific description of Equipment / Ability related Movements

Analysis of Cause & Effect Relationships (including Disability Specific knowledge)

- Body / Equipment / Board relationships
- Movement & Board Performance interrelationships
- Motivational and Understanding considerations to Movement Patterns.

Teaching and Disability Comprehension Exam Day 2:

Written Exam

Teaching -Utilizing Scenarios from the written exam, candidates will have 40 minutes to set up and teach

- Candidate to present relevant goal statement
- Candidate to demonstrate and explain(why) a safe and effective student set-up.
- Communication Skills must be specific, directed and concise to meet the needs of the any adaptive student (VI / Cog / Age / other impairments)
- Fine Tuning Techniques for specific impairments of Students

Examiner may gather or clarify information during presentation. Brief questioning may be done after the presentation one on one. Questions should include:

- How is this progression relevant to other aspects of riding ?
- How would you teach this task using a different skill combination (Skills decided by examiner)

Location: _____

Date: _____