



ROCKY MOUNTAIN

Title – MSM E1 Prep Course

Duration (Hours/CEUs) - 2 days (12 CEU's)

Learning Connection Highlight

Technical Skills – Teaching Skills – People Skills

Course Description

This clinic is for current Alpine Trainers (formerly RMTs) who may be considering applying to become a member of the Rocky Mountain Education Staff. Explore the reintegration of the modernized Center Line concept and the Common Threads of the Center Line milestones (Wedge, Wedge Christie, Basic Parallel, and Dynamic Parallel Turns). Participants will work on their technical understanding, demonstrations, and evaluating on-snow and technical performances. Prepare to work on effectively coaching and providing feedback as it relates to the current Level 1 PSIA-AASI National Standards.

Recommended Preparatory Learning or Prerequisites

Prerequisites:

Current Alpine Trainer (formerly RMT) working toward E1 selection

Learning Outcomes

By the end of this clinic, successful participants will be able to:

- Identify the Center Line Milestones and the Common Threads.
- Explain how the Center Line Milestones are related by the Common Threads.
- Relate the Common Threads to the Skiing Fundamentals and coaching and assessing Level 1 performances.
- Identify teaching cues and ideas that can help personalize training clinics for instructors.

Learning Experiences

- Practice skiing and assessing the Center Line Milestones.
- Practice tasks that highlight skills to develop accuracy with the Common Threads.
- Build connections between the milestones, Common Threads, Skiing Fundamentals and how these relate to assessing and coaching the Integrate Fundamentals section for Level 1.



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- Explore how different ski designs and equipment set ups require different inputs to demonstrate the Center Line Milestones and Common Threads.
- Explore the effects of how technique, tactical decisions, applications of fundamentals, DIRT have a differing result in the outcome.
- Discussion topics –
 - How do customized and well-paced learning activities promote exploration, experimentation, and play towards achieving the milestones.
 - How do we demonstrate and score assessment activities, specifically the milestone maneuvers and the Integrate Fundamentals assessment.
 - How do we create appropriate, relevant information that engages candidates in their learning process.
 - How and why are Center Line and the milestones relevant to your development.
 - How do we vary from the Center Line to create tasks and outcomes in Individual Fundamentals and Versatility assessment activities.

Materials/Equipment needed. No specific equipment required