



ROCKY MOUNTAIN

- **Title – MSM General Session Course**
- **Duration (Hours/CEUs) - 2 days (12 CEU's)**
- **Learning Connection Highlight**

Technical Skills – Teaching Skills – People Skills
- **Course Description –**
- Day 1- This on-snow event is designed to cover topics that are focus areas for our membership in the upcoming season. Participants will explore the reintegration of the modernized Center Line concept and the Common Threads of the Center Line milestones (Wedge, Wedge Christie, Basic Parallel, and Dynamic Parallel Turns) and how these fit into training your staff for new hires, returning pros, on-going training and certification training.
- Day 2- Will continue the focus on how we can vary our skiing from the Center Line in your groups and provide a framework for integrating the concepts into training. Participants also will have an opportunity to discuss changes to the Movement Analysis and Technical Understanding Assessment Activities and how the Center Line framework applies to the Technical Understanding Assessment Criteria.
- **Recommended Preparatory Learning or Prerequisites**

Current Alpine Trainer Status with Rocky Mountain Region
- **Learning Outcomes**

Participants will focus on the Center Line and the Common Threads of the milestones.

 - Ski through the milestone maneuvers with a focus on the Common Threads and the importance of precision and accuracy.
 - Identify teaching cues and ideas that we can personalize for our clinic participants and students.
 - Identify strategies for training candidates and for your personal growth in the Alpine Trainer pathway.
- **Learning Experiences**
 - Identifying and practicing activities and tactics to enhance performance, precision and accuracy with “the Milestone” maneuvers.



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- o Explore how different ski designs and equipment set ups require different inputs to achieve the maneuver outcomes.
- o Distinguish between techniques and tactics that work given varying conditions and equipment.
- o Explore effects of how technique, tactical decisions, applications of fundamentals, DIRT have a differing result in the outcome.
- o Explore effects of varied skill pool shifts can move our tasks laterally within the Centerline Model
- o Discussion topics –
 - How do customized and well-paced learning activities promote exploration, experimentation, and play towards achieving the milestones.
 - How do we tailor a learning environment to align with the changing needs of individuals.
 - How individual skill pool development can have direct relevance to performing “the Milestone” tasks
 - How do we create appropriate, relevant information that engages candidates in their learning process.
- **Materials/Equipment needed.** No specific equipment required