



**ROCKY MOUNTAIN**

**Title – MSM Alpine Trainers Course**

**Duration (Hours/CEUs) - 2 days (12 CEU's)**

**Learning Connection Highlight**

Technical Skills – Teaching Skills – People Skills

**Course Description**

Designed for those who have passed the Alpine Trainer (formerly RMT) Entrance Assessment and are in the Alpine Trainer Accreditation process. Expect to discuss and experience updates to PSIA-AASI Certification Assessments, specifically the reintegration of a modernized Center Line, which will be the foundation for assessing the Integrated Fundamentals Assessment Criteria in Skiing Performance Assessments. Participants will work through the Common Threads of the Center Line milestones (Wedge, Wedge Christie, Basic Parallel, and Dynamic Parallel Turns). Grow and fine tune your understanding of how precision and accuracy has performance implications for skiing and training instructors along the Alpine Trainer pathway.

**Recommended Preparatory Learning or Prerequisites**

Prerequisites:

Currently enrolled in the Alpine Trainer Accreditation process.

**Learning Outcomes**

By the end of this clinic, successful participants will be able to:

- Identify the Center Line Milestones and the Common Threads.
- Explain how the Center Line Milestones are related by the Common Threads.
- Relate the Common Threads to the Skiing Fundamentals.
- Identify teaching cues and ideas that can help personalize training clinics for instructors.

**Learning Experiences**

- Practice the Center Line Milestones.
- Practice tasks that highlight skills to develop accuracy with the Common Threads.
- Build connections between the tasks, Common Threads, and Skiing Fundamentals.
- Explore how different ski designs and equipment set ups require different inputs to demonstrate the Center Line Milestones and Common Threads.



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- Explore the effects of how technique, tactical decisions, applications of fundamentals, DIRT have a differing result in the outcome.
- Discussion topics –
  - How do customized and well-paced learning activities promote exploration, experimentation, and play towards achieving the milestones.
  - How do we tailor a learning environment to align with the changing needs of individuals.
  - How do we create appropriate, relevant information that engages candidates in their learning process.
  - How and why are Center Line and the milestones relevant to your Alpine Trainer pathway development.

**Materials/Equipment needed.** No specific equipment required