



**ROCKY MOUNTAIN**

# **Alpine Level 1 Certification Assessment Overview**

## **Introduction**

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This document outlines the details about Assessment Groups, Schedule of Activities, Learning Outcomes, Assessment Criteria, Learning Experiences, and Assessment Activities for each Module of the PSIA-AASI RM Alpine Level 1 Certification Assessment.

Level 1 is the first level of PSIA-AASI certification. Candidates for certification are evaluated by PSIA-RM Examiners through a series of Assessment Activities that showcase their ability to apply the Technical, Teaching, and People Skills. Successful Candidates will show their ability to analyze, teach, and demonstrate for students in beginner and easier intermediate terrain. Experience teaching at the beginner level is highly recommended before attending the Level 1 Certification Assessment.

## **Assessment Groups**

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Each group of Candidates will have a maximum of nine Candidates and one Examiner. When possible, a second Examiner may observe a portion of the Skiing Module.

## **Schedule of Activities**

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### **Schedule of Modules by Day**



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### Day 1

- Movement Analysis/Technical Understanding Module

### Day 2

- Skiing Module

### Day 3

- Teaching Module
- Final Results

### Sample of Daily Schedule

8:45

- Meet groups
- Preview the Day
- Discuss Assessment Activities

Conditions and Terrain

- Q & A
- Bio Break

Assessment Activities

- Bio Breaks

12:45

12:45-3:30

- Learning Experiences and/or Assessment Activities
- Bio Breaks

4:00

- Results

*The exact timing of learning experiences and assessment activities may be different based on the mountain and conditions of the day.*

## Learning Outcomes and Assessment Criteria



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The PSIA-AASI National Standards establish the Learning Outcomes and Assessment Criteria for Level 1 Certification. The Learning Outcomes for each day of the assessment are listed below with the Assessment Activities for that day. Refer to the PSIA-AASI Alpine, Teaching Skills, and People Skills Performance Guides for the Assessment Criteria and Indicators of Success related to each Learning Outcome.

### **Instructor Decisions and Behaviors**

Professionalism and Self-Management elements are assessed each day of the Level 1 Assessment, from the beginning of the day at “check-in” to the end of the day when the results are announced. Follow-up questions and interviews with Examiners, and observed interactions with other Candidates, resort employees, and resort guests are all taken into consideration.



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## Movement Analysis and Technical Understanding Module

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### Learning Outcomes

#### Alpine Movement Analysis

- Articulates accurate cause-and-effect relationships between body and ski performance within any single skiing Technical Fundamental in a specific phase of the turn to offer a relevant prescription for change for skiers in the beginner/novice zone.

#### Technical Understanding

- Describe specific performances using Technical Fundamentals and considering tactics and equipment choices using current PSIA-AASI resources.

### Learning Experiences and Assessment Activities

#### Learning Experiences

- Candidates will review
  - movement analysis concepts (observation, evaluation, and prescription for change)
  - how to observe a beginner student
  - how to present an organized and detailed description
  - how to determine cause-and-effect relationships.
- Examiners will demonstrate sample progressions to improve Candidate's skiing performance, model Teaching Fundamentals, and highlight specific movement analysis skills using PSIA-RM's *Level 1 Teaching Progression Examples* document.
- Examiners will vary demonstrations to help Candidates see a range of functionality and effectiveness, highlighting efficient/effective and inefficient/ineffective movement patterns as they appear.

#### Assessment Activities

##### *Technical Understanding*

- Each Candidate will ski Wedge Turns toward the Examiner on appropriate green terrain. Candidates will share a comparison of their personal performance and the desired performance with the Examiner. The Candidates' comparisons will highlight a Skiing Fundamental they are working on to achieve the desired outcome. Candidates may discuss tactics, environment, and equipment as part



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of this discussion. The Examiner will ask questions relevant to the Technical Understanding Assessment Criteria.

### ***Movement Analysis***

- Each Candidate will observe another Candidate performing Wedge Turns. The observing Candidate will share a description of the performance and prescription for change with the Examiner, including at least one Skiing Fundamental. Candidates are expected to identify movements, opportunities for improvement, and relate them to specific learning experiences. Examiners will ask follow-up questions relevant to the Movement Analysis Assessment Criteria.

Candidates will repeat the above activities. Each Technical Understanding and Movement Analysis performance will focus on a different Skiing Fundamental, covering four of the Skiing Fundamentals by the time two rotations of the Assessment Activities are completed.



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## Skiing Module

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### Learning Outcomes

Apply the Technical Fundamentals to demonstrate specific outcomes in beginner and easier intermediate terrain.

### Assessment Activities

Candidates' skiing is evaluated through Individual, Integrated, and Versatility Assessment Activities to show their skills demonstrating for students in beginner and some intermediate zones. Candidates will display appropriate situational awareness and risk management skills while skiing in a group.

- There are 7 Assessment Activities selected from the PSIA-RM Skiing IDP.
  - 4 from the Individual Fundamentals Assessment Activities. They will be selected during the assessment.
  - 2 from the Integrated Fundamentals Assessment Activities (Wedge Turns and Wedge Christies)
  - 2 from the Versatility Assessment Activities (On and Off-Piste Parallel Skiing)
- Where there are multiple groups in an assessment, all groups will perform the same assessment activities, as agreed upon by the Examiners prior to the start of the day.
- Assessment Activities may be set in all types of beginner, and some intermediate, terrain and conditions. This includes groomed terrain, bumps, crud, trees, and powder.
- Examiners will provide specific descriptions and demonstrations of Assessment Activities. Examiners observe, assess, and provide feedback consistent with PSIA-AASI National and Regional support materials. Variations in movements, mechanics, and tactics may be requested at the discretion of the Examiner.
- Candidates may be given the opportunity to "freeski" during the assessment. This time is also part of the assessment and can be used to assess Instructor Decisions and Behaviors.



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## Teaching Module

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### Learning Outcomes

#### Teaching Skills

- Assess and Plan: Plans learning outcomes and organizes progressive learning experiences relevant to beginner/novice students.
- Implement: Facilitate learning experiences that guide students toward agreed upon outcomes and engages them in the process.
- Reflect/Review: Communicate performance change that targets the learning outcome to help students identify a change has been made.

#### People Skills

- Communication: Engages in meaningful verbal and non-verbal communication with the group as a whole.
- Relationships with Others: Identifies likely motivations and emotions of individuals and understands group dynamics.

### Learning Experiences

The Teaching Module takes place primarily in beginner learning areas. The Examiner will first review teaching concepts. Candidates will review how to meet and greet students, ask questions to develop a student profile, create a goal statement for the lesson, and select appropriate terrain. The Examiner will provide a demonstration of the Assessment Activity.

### Assessment Activities

Candidates will each assume the role of “Instructor” to teach the group of “Students” (made up of other Candidates) for 10-15 minutes. The “Instructor” may choose the age range of the “Students.”

- Prior to starting the lesson, the “Instructor” will step away from the group, and the “Students” will be given a basic group profile by the Examiner. The profile will include lesson level, interests/hobbies, and what they did in their “last” lesson.
- “Instructors” are encouraged to build rapport with their “Students,” analyze movements and assess goals, collaborate on a learning outcome, lead them through a learning experience, and/or ask follow-up questions.
- The Examiner will take five minutes to debrief the lesson and facilitate questions from the group.



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## End of Assessment and Results

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- The on-snow assessment will conclude by 3:30 PM on Day 3. *Please note that the mountain environment can be unpredictable, and unforeseen circumstances may cause delays.*
- Examiners will provide final results to the Candidates at the conclusion of the day. Examiners will talk about the results with unsuccessful Candidates before successful Candidates. All Candidates are invited to attend the Certification Ceremony at 4:00 pm.
- Candidates and Examiner(s) will meet at a designated location at 4:00 PM for Certification Ceremony. Examiners will celebrate the new Level 1 Certified Instructors with a presentation of certificates and pins.
- Follow-up feedback and conversations with Candidates will follow the Certification Ceremony.
- Every effort will be made to email complete assessment forms with written feedback by 4:00 pm Mountain Time the following day.