



ROCKY MOUNTAIN

# Alpine Level 2 Movement Analysis and Technical Understanding Assessment Module Overview

## Introduction

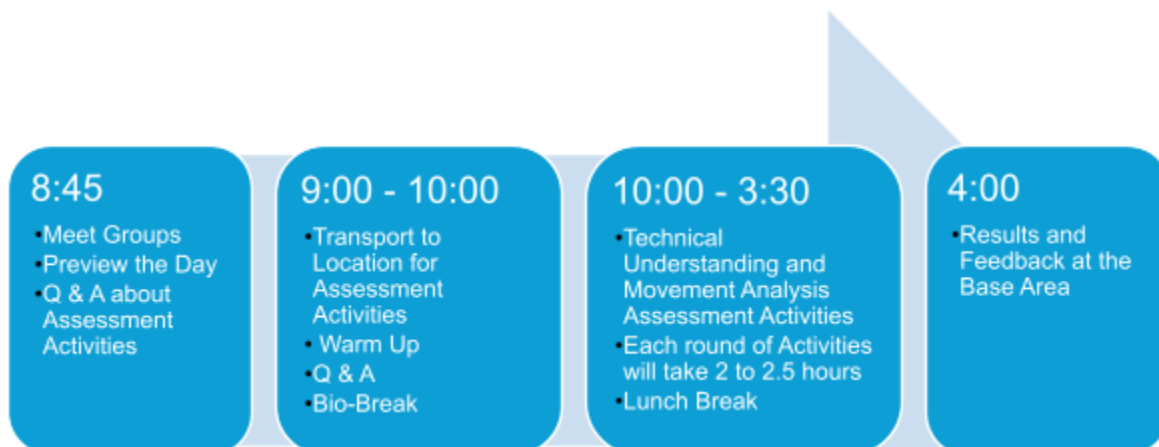
This document outlines the details about Assessment Groups, Schedule of Activities, Learning Outcomes, Assessment Criteria, and Assessment Activities for the PSIA-AASI RM Alpine Level 2 Movement Analysis and Technical Understanding Assessment Module.

Candidates for certification will be evaluated by PSIA-RM Examiners through on-snow Assessment Activities. Candidates will provide information and answer questions about movements and outcomes through the intermediate/advanced zone. They should be prepared to ski and analyze Integrated and Versatility Assessment Activities from the PSIA-RM Skiing IDP suitable to the Level 2 Assessment.

## Assessment Groups

Each group will have a maximum of eight Candidates and two Examiners. Both Examiners will assess each Candidate during the day. All groups will perform the same Assessment Activities, as agreed upon by the Examiner group prior to the start of the day.

## Schedule of Activities



*The exact timing of Assessment Activities may be different based on the mountain and conditions of the day.*



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## Learning Outcomes and Assessment Criteria

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The PSIA-AASI National Standards establish the Learning Outcomes and Assessment Criteria for the Alpine Level 2 Certification. During the Level 2 Movement Analysis and Technical Understanding Assessment, Candidates are assessed on the following Learning Outcomes.

### **Instructor Decisions and Behaviors**

- Professionalism and Self-Management: Contributes to a professional environment by managing their behaviors and emotions in response to others.

### **Technical Understanding**

- Describe specific performances using the Technical Fundamentals and considering tactics and equipment choices using current PSIA-AASI resources.

### **Movement Analysis**

- Articulates accurate cause-and-effect relationships between body and ski performance of Technical Fundamentals through all phases of the turn, resulting in an effective prescription for change for skiers through the intermediate zone.

*Refer to the PSIA-AASI Alpine Performance Guide for Assessment Criteria for each Learning Outcome.*

## Assessment Activities

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### **Instructor Decisions and Behaviors**

Professionalism and Self-Management will be assessed from “check-in” until the end of the day when results are announced. Follow-up questions, interviews with Examiners, and observed interactions with other Candidates, resort employees, and resort guests will be considered.

### **Technical Understanding**

Candidates will have two opportunities to demonstrate their technical understanding (each one lasting up to 8 minutes). These on-snow Assessment Activities start with a Candidate skiing a predetermined task towards the Examiners. The Candidate will compare their personal skiing performance and the desired performance with at least two Skiing Fundamentals. (Describing how Skiing Fundamentals interact with/affect each other is not required for Level 2 Certification.) The comparison should incorporate



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relevant physics, biomechanics, tactics, environment, physical development, and/or equipment considerations. Examiners will ask follow-up questions to assess the Candidates' technical knowledge in relation to the Assessment Criteria. Candidates will be asked to cover at least 4 of the 5 Skiing Fundamentals across the two opportunities during the assessment day. Candidates may be asked questions on any Skiing Fundamental to establish their depth and breadth of knowledge.

### **Movement Analysis**

Candidates will have two opportunities to demonstrate their movement analysis skills (each one lasting up to 8 minutes). These on-snow Assessment Activities start with a Candidate analyzing another Candidate after completing their Technical Understanding Assessment Activity. The observing Candidate will share a description of the skiing and prescription for change with the Examiners, including at least two Skiing Fundamentals through all turn phases. (Describing how the two Skiing Fundamentals interact with/affect each other is not required for Level 2 Certification.) Examiners will ask follow-up questions to assess movement analysis skills in relation to the Assessment Criteria. Candidates will prioritize and analyze different blends of skills and Skiing Fundamentals in each Assessment Activity, covering at least 4 of the 5 Skiing Fundamentals across the two opportunities.

### **Flow of Assessment Activities**

- The group will be assigned a skiing task from the Integrated or Versatility Assessment Activities on the PSIA-RM Skiing IDP suitable for Level 2 Certification.
- The group will establish a starting location.
- Candidate 1 will perform the skiing task from the starting location to the Examiners.
- Candidate 1 will then compare their performance with the desired performance.
- After completing the comparison, Candidate 1 will observe Candidate 2's performance of the prescribed task. Candidate 2 will wait nearby and out of listening range. Candidate 1 will analyze Candidate 2's performance.
- Candidate 1 will loop back to the start location, and Candidate 2 will compare their performance with the desired performance.
- Candidates should loop on the terrain being used for assessments, making sure there is always at least one Candidate at the starting location.
- Examiners may change/randomize the order of Candidates to ensure a fair assessment and ensure Candidates analyze a different skier for each of the Movement Analysis Assessment Activities.



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- The Assessment Activity is complete when all of the Candidates have performed the Technical Understanding and Movement Analysis Assessment Activities.
- The entire Assessment Activity is completed twice in the day, with different skiing tasks, different orders of Candidates (to avoid analyzing the same Candidate twice), and different Skiing Fundamentals as the primary content of the Candidates' comparisons and analyses.

### End of Day and Results

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- The on-snow assessment will conclude by 3:30 PM. *Please note that the mountain environment can be unpredictable, and unforeseen circumstances may cause delays.*
- Examiner staff will hold a brief meeting at the end of the day to discuss and finalize results.
- Candidates and Examiner(s) will meet at a designated location at 4:00 PM to provide results and feedback to Candidates. Following results and feedback, Examiners will celebrate the new Level 2 Certified Instructors with a presentation of certificates and pins.
- Every effort will be made to email complete assessment forms with written feedback later the same day. *Please note that technical issues may cause delays.*
- No results will be provided before the 4:00 PM meeting.
- Individual feedback during the 4:00 PM meeting will be limited to five minutes per Candidate to ensure that all participants have the opportunity for these important discussions. Discussions will be limited to the assessment results and not on designing future training plans.
- Candidates participating in multi-day assessments who prefer not to receive their results before the final day may opt to skip daily results and feedback meetings.