



PSIA-Rocky Mountain-AASI



SnowSkate Sessions

Discipline: SnowSkate

Time: 2 days **Credit Hours:**12

Setting: On snow

Course Description: This clinic is open to any discipline. It will be an opportunity to refine your perspective on the mountains and your sport. For snowboarders, it represents a way to explore our roots (skateboarding and surfing) in a venue that's familiar. The clinic structure will focus on mileage and experiential learning as we explore different tactics all over the mountain. If you're interested in something new and exciting that will turn heads everywhere you go, come join us. Snowskating is gaining serious momentum in the industry, and this is an opportunity to be a part of the future of this sport. As snowsports educators, we can play an instrumental role in its growth.

Recommended Prerequisite Courses: None

Prerequisite skills:

- Participants should be able comfortable Snowboarding on Blue Terrain

Course Objectives: (Specific statements/objectives)

- Participants will gain personal riding improvement by exploring different tactics in an all-mountain setting (Physical)
- Participants will have a true "beginners perspective" on snow as they try something new (Cognitive)
- Participants will have the opportunity to help grow an emerging Snowsport (and culture) through their experience. (Affective)

Sample Activities:

1. Progressing from easier groomed runs to more difficult groomed runs
2. Exploring terrain park features/ natural features for freestyle progression
3. Ride through a variety of exercises and drills, assessing fun and functionality
4. Engage in chair conversations revolving around growing this snowsport

Materials Needed:

- Appropriate riding gear to be on snow all day.
- Insulated skate shoes or softer snowboard boots (loosely tied or well broken in snowboard boots work too)
- SnowSkate with leash (A limited number of SnowSkates will be available to Demo on a first come first serve basis from iDSK8s. Participants should request a SnowSkate when registering.
- Helmets are highly recommended